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BOSTON
Wednesday, September 7, 2011
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How does the world see We the People?

- Everyone is watching as bipartisanship fails in the United States, eroding our image abroad {page A1}
- Middle East offered its condolences after 9/11, but continued action on their soil spoils goodwill {pages A2-A3}

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APPLICANTS ARE RESPONSIBLE FOR READING THE ACADEMIC CATALOG AND GETTING ALL THE INFORMATION NEEDED TO MAKE INFORMED DECISIONS.

Boston's not so sweet on soda

- Mayor Menino puts ban on sugary drink sales in city-owned buildings
- BPHC says awareness campaign will target teenagers, combat obesity

NICOLAUS CZARNECKI/METRO

▶ Brandon DaGraca, 16, a junior at the Boston Arts Academy, worked on the city's campaign against sugary drinks.

Banning high-calorie drinks in all city-owned buildings reminds Mayor Thomas Menino of the day he did away with smoking in restaurants and bars, he said, because he expects to hear as much opposition.

Yesterday, Menino announced that beginning Oct. 7, all vending machines at city sites will stop selling sugary beverages, like soda and sports drinks, as part of a public awareness campaign aimed at reducing resident consumption.

Menino said the beverages lead to rising obesity rates and diabetes in Boston.

The ban also extends to a handful of cafes and cafeterias in city-owned properties, like Cafe 1010 in the Boston Public Health Commission building.

The campaign

Ads aimed at Boston's youth and parents to spread awareness about the problems with drinking soda and sugar-packed beverages will begin popping up all over the city.

A manager at the cafe, who didn't want to use his name, said getting rid of sugary beverages will impact business as people start trekking across the street for sodas.

"What can we do? We are in a city building," he said. "They should let us keep both [healthy options and sodas]. We are all adults, people can make their own decisions."

However, the manager said the store has already started removing the problem drinks from the three vending machines they oversee and are offering healthier drink options with their food.

He said they will comply because "people will realize the health benefits."

"We support the city because we have an ongoing relationship with them," he said.

Menino said he is not telling people how to live, he is merely giving them guidance towards a healthier lifestyle.

"We are in the midst of a health crisis in the city," Menino said yesterday.

The city will honor existing vendor contracts, but once expired, the new rules will set in.

STEVE ANNEAR
steve.annear@metro.us

By the numbers

ACCORDING TO THE BPHC

2004

A similar ban was enacted in the city's public schools barring bad food snacks and carbonated beverages to keep kids on a health kick.

100+

Number of vending machines in city-owned buildings that will be void of soda and unhealthy snacks.

18

Number of months since Mayor Thomas Menino had a soda, he said.

Guest editor

John Leguizamo

Today's edition was guest-edited by actor and comedian John Leguizamo. Here's what he had to say about Boston's soda ban: "I'm all for this. I don't have a problem with too much government. ... If you don't have the soda, you're not going to drink it."

www.metro.us

ONLINE TODAY

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PUTTING 9/11 INTO WORDS

WWW.METRO.US/HOME
REAL HOUSEWIFE ON PLANNING A PARTY

WWW.METRO.US/WELLBEING
WORK OUT LIKE A TENNIS PRO

Two teens suspects in murder

BOSTON. An innocent 18-year-old was gunned down by a pair of teens involved in a gang feud, prosecutors said yesterday.

Ricardo Arias, 17, of Roslindale, pleaded not guilty to allegedly murdering Alex Sierra Saturday evening in the South End.

Arias and a 16-year-old were asking passersby if they were from the Villa Victoria housing development, prosecutors said. Sierra answered yes.

Arias was on a day pass from a DYS facility to go to a Red Sox game when the shooting occurred. METRO

HVAC system caused fire

BOSTON. Fire officials said the blaze that left dozens of college students homeless this holiday weekend started with equipment on the Westland Avenue building's roof.

The three-alarm fire early Monday morning was caused by equipment that failed within the building's heating and cooling system on the roof, the fire department said.

About 40 people are left homeless; the building's damage totaled more than $400,000. METRO

9/11 events announced

BOSTON. Mayor Thomas Menino announced yesterday several events and ceremonies will take place with families of 9/11 victims on the 10th anniversary of the attack.

On Saturday, several local groups will help create a 9/11 Fund mural on canvas with an area artist known as "Sidewalk Sam."

On Sunday, there will be a wreath-laying ceremony at the Boston Public Garden Memorial with Menino officiating, followed by a flag lowering, moment of silence and reading of names at the front steps of the Massachusetts State House with Gov. Deval Patrick presiding. METRO

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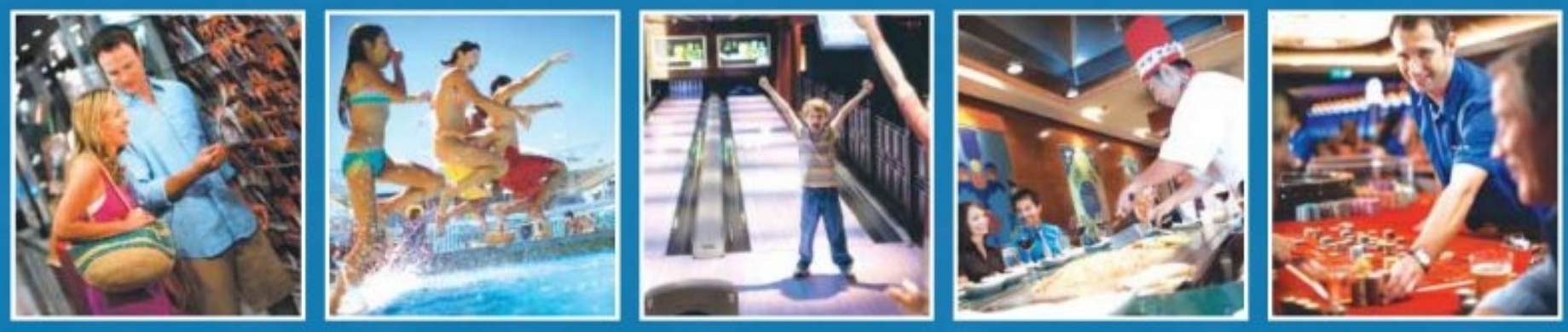

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Woburn cop shooting is second in months

Hunt for suspects

The incident sparked a massive manhunt for the suspects involved.

Authorities said two or possibly three other suspects were at large.

Dozens of officers carrying rifles and riding on the back of armored SWAT trucks rode through Woburn. A police helicopter hovered for hours while the suspects remained on the loose.

"We'll stay out here as long as we need to," said Middlesex District Attorney Gerry Leone.

Top cop calls incident 'unbelievable' Manhunt goes on for other suspects Veteran cop interrupted heist

Woburn was left reeling again after another police officer was shot during an armed robbery yesterday.

The jewelry store holdup that ended with officers exchanging gunfire with the robbers was the second incident in the last eight months in which a city officer was shot.

"It's kind of unbelievable," said Woburn Police Chief Richard Kelly. "But we're handling it. We're dealing with it."

Multiple 911 calls came in during the 11 a.m. robbery of Musto Jewelers.

Officer Robert Denapoli, a 16-year veteran, was one of the first to arrive. He was shot multiple times, but was expected to survive.

MORE PHOTOS ONLINE: WWW.METRO.US/NIC

One of the suspects, whom authorities did not identify, was also shot and was going through surgery yesterday afternoon.

Middlesex District Attorney Gerry Leone did not say who shot first, but that is being investigated.

Witnesses said they heard about three shots, followed by a pause and then another burst of gunfire of three to seven shots.

Jon Stevens, who works at a gas station near the jewelry store, said he looked up after hearing the shots and saw one of the suspects running toward a car dealership. The suspect collided with a parked car, turned and fired at the officers, Stevens said.

"It's strange," he said. "You just don't think of Woburn that way."

Officer John Maguire was fatally shot during a robbery on Dec. 26. The shooter was also shot and killed.

MICHAEL NAUGHTON
michael.naughton@metro.us

NICOLAUS CZARNECKI/METRO

▶ Law enforcement officials searched the area surrounding Musto Jewelers for suspects who fled the scene after robbing the store and shooting a Woburn police officer.

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News in brief

▶ Patrick officiated.

Patrick's daughter weds

BOSTON. Gov. Deval Patrick's eldest daughter married a former Italian soldier, the governor's office announced yesterday.

Sarah Baker Patrick married Marco Morgese at a small, private ceremony at the Patricks' Richmond farm in western Massachusetts Sunday.

Patrick officiated the ceremony.

The family plans to have a celebration for friends and extended family next summer. METRO

Fashion's Night Out tomorrow

BOSTON. Fashion's Night Out rolls out the red carpet Thursday on Newbury Street. For the first time in 15 years, more than 500 stores and restaurants in Boston's hottest fashion zone will fill the streets with freebies, fashion dos and don'ts and sales. METRO

Details emerge in homicides

LAWRENCE. A Lawrence man grew tired of his longtime girlfriend and her two children shouting at him and fatally shot them Monday morning, according to police reports.

Jose Luis Tejeda used a .357-caliber handgun to kill the woman and her two teenage children. He then tried to kill himself, but the gun was empty, police said. BOSTON.COM

T is in the market for fresh produce

QR codes let riders find local food Scan-it and find-it capability brings commuters to farmers markets

Finding a place to pick up fresh produce from local farmers markets is as easy as scanning with your smartphone thanks to the MBTA and the Department of Agricultural Resources' new Web-based services.

Just look for the picture of a cow with a scrambled bar code.

For the next month, commuters can connect to markets using Quick Response codes, funky-looking square codes placed on T vehicles that map out the exact area of outdoor markets based on their location on public transit.

The ad campaign is running on the Red and Orange lines highlighting the close proximity of local food to the T through October.

▶ Just scan the code in the middle of the cow.

By using a downloadable scanner app and holding it over the black and white codes, customers get instant access to finding fresh foods while they commute.

Spurred by an epidemic of unhealthy living, state Rep. Byron Rushing said people don't have a convenient place to shop for home-grown products.

"This is a great innovation by the T," said Rushing. "This will get them there quickly and efficiently."

According to Scott Soares, commissioner of the Department of Agricultural Resources, his department is the first in the nation to have such a program.

He and T Acting General Manager Jonathan Davis launched the program yesterday at Back Bay Station.

The codes also help locate agricultural fairs, wine and cheese makers and pick-your-own orchards.

STEVE ANNEAR
steve.annear@metro.us

By the numbers

245
Number of farmers markets in Massachusetts

27
Number of farmers markets in and around Boston

500
Number of scanner codes going on Orange and Red Line trains

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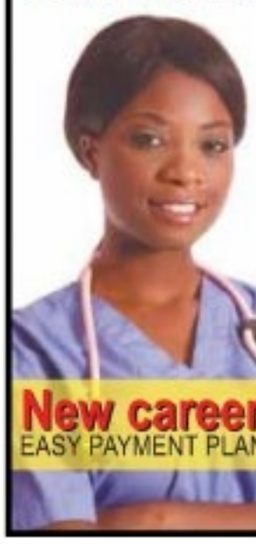
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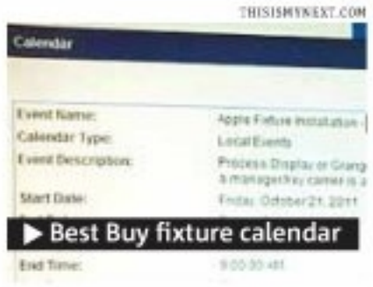
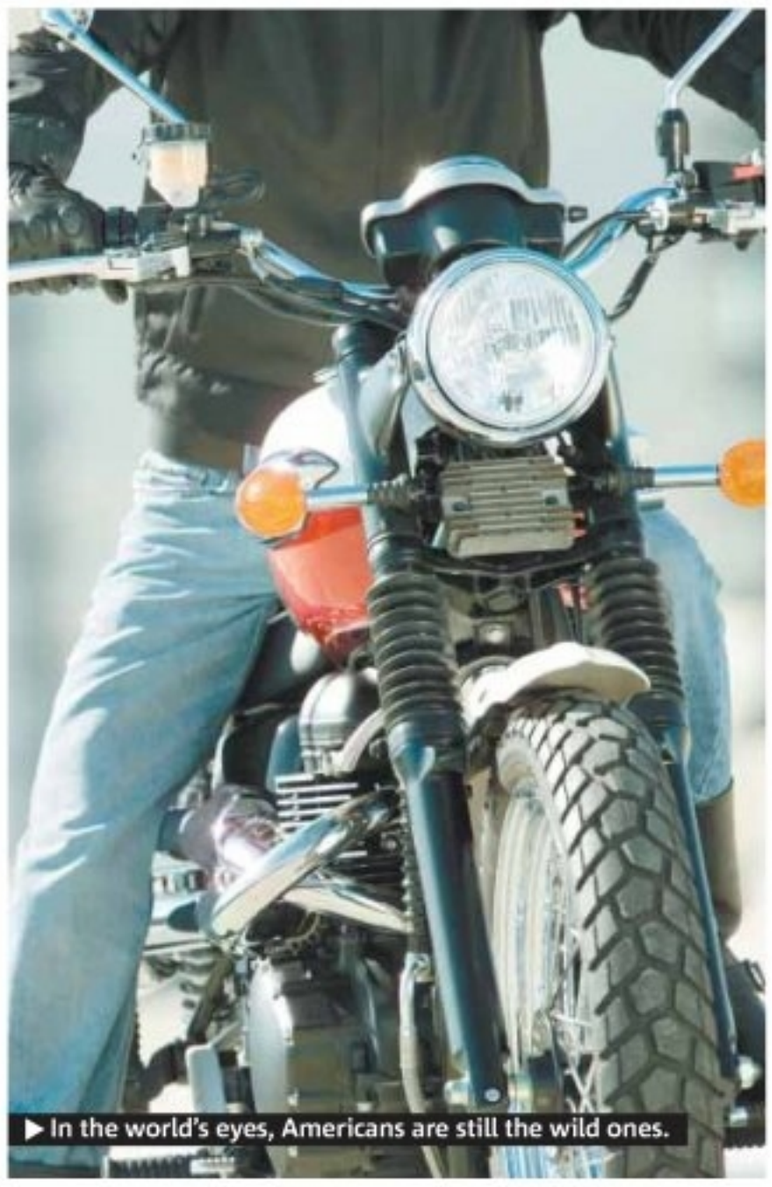


iPhone 5 October drop, trick or treat?

The iPhone 5 will be launched on Oct. 21, according to a blog post published yesterday.

The post on Thisismynext.com featured what appears to be an Apple installation fixture plan scheduled for that morning at the Best Buy chain of stores. It does not, however, include any details about which Apple product will be featured.

The site said the arrangements for Best Buy were very similar to those made by Apple when it launched the iPhone 4. METRO


In the world's eyes, Americans are still the wild ones.

Americans still world's 'coolest'

Despite bad economy and involvement in multiple wars, US hasn't lost its cool, cites international poll

They may be witnessing their global superpower influence decline in the face of challenges from other emerging players on the world stage, but Americans have been voted the world's "coolest nationality" in an international poll.

Social networking site Badoo.com asked 30,000 people across 15 countries to name the coolest nationality and also found that the Spanish were considered the coolest Europeans, Brazilians the coolest Latin Americans and Belgians the globe's least cool nationality.

"We hear a lot in the media about anti-Americanism," says Lloyd Price, Badoo's director of marketing. "But we sometimes forget how many people across the world consider Americans seriously cool."

The coolest 10

1. Americans
2. Brazilians
3. Spanish
4. Italians
5. French
6. British
7. Dutch
8. Mexicans
9. Argentinians
10. Russians

Of course, not all Americans are cool, far from it. Some like Snoop Dogg, Lady Gaga, Samuel L. Jackson, Johnny Depp and Quentin Tarantino are way cooler than others.

Americans, however, are the dudes who invented cool and who still embody it in many fields from music to movies and TV to technology.

"America," says Price, "boasts the world's coolest leader, Obama; the coolest rappers, Jay-Z and Snoop Dogg; and the coolest man in technology, Steve Jobs of Apple, the man who even made geeks cool." REUTERS

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President faces electoral setback as new polls reveal lowest numbers to date ◐ Republicans plan to continue all-out opposition ◐ Jobs still key

MANDEL NGAN/AFP/GETTY IMAGES

▶ President Barack Obama used a Labor Day rally with cheering union workers in economically hard-hit Detroit to set a combative tone before his nationally televised speech to Congress tomorrow.

President Barack Obama's job-approval ratings plunged to a new low ahead of his major economic speech tomorrow, with widespread discontent among Americans over his handling of the economy and jobs, according to a spate of polls released yesterday.

An NBC News/Wall Street Journal poll of 1,000 U.S. adults showed Obama's overall job approval rating at a low of 44 percent, down 3 percentage points since July, while his handling of the economy stands at 37 percent.

A Democratic pollster who helped conduct the survey said the poor results, which contain a 3.1 percentage-point margin of error, suggest Obama is no longer favored to win re-election in 2012.

An ABC News/Washington Post poll of U.S. adults showed that six in 10 Americans rate the president's job on the economy and jobs negatively, while one in three say they are now worse off financially since Obama entered the White House. It has a 3.5 percentage point margin of error.

A third poll of 1,000 likely voters by Washington-based Politico and George Washington University found that 72 percent of voters believe the country is either strongly or somewhat headed in the wrong direction, a jump of 12 percent since last May. That survey's results have a 3.1 percentage point error margin.

The polling, conducted last week, offers grim news for the president after a summer spent wrangling with Republicans in Congress over the debt ceiling and the budget in a rancorous debate that ended with Standard and Poor's unprecedented downgrade of the U.S. triple-A credit rating.

The polls also come three days ahead of his widely anticipated presidential speech to Congress, in which Obama is expected to confront Republican resistance to his agenda for creating jobs and spurring economic growth. REUTERS

Judgment day

Obama faces an uphill fight to get federal judges approved and ease a backlog of cases in the courts.

▶ There are about 90 vacant federal judgeships, a deficit that is reverberating around the country as workloads for remaining judges build. In 37 of these vacancies, the courts have declared emergencies because of the length of vacancy and backlog of cases.

▶ **Obama is on track to perform even worse than his predecessor, due to particular rancor in Washington.**

GOP says no to jobs initiative

WASHINGTON. Senate Republican leader Mitch McConnell signaled yesterday that Obama's new job-creation initiative will face tough opposition from his party.

In a speech delivered on the Senate floor as Congress was returning from a monthlong break, McConnell said he was certain that the Democratic president's new plan will "represent more of the same failed approach that's only made things worse over the past few years and resulted in fewer jobs than when he started." REUTERS

JOE RAEDLE/GETTY IMAGES

▶ Ring it up!

Service sector shows growth

NEW YORK. The dominant services sector picked up steam unexpectedly last month, snapping a three-month streak of slower growth, though a slower pace of hiring underscored concerns about the broader job market.

The surprise jump in the Institute for Supply Management's non-manufacturing index was cause for some encouragement, analysts said, as it suggested consumers were holding up better than thought in what appears to be a stalling U.S. economy.

Yet it probably will not be enough to relieve pressure on the government to spur more job creation. REUTERS

Petraeus now head of the CIA

WASHINGTON. Newly retired General David Petraeus was sworn in as CIA director yesterday, taking over at a time when the line between the U.S. spy agency and the military has become increasingly blurred in the fight against Islamist militancy.

Petraeus was credited with helping to turn around the Iraq war and also set in motion Obama's revamped strategy in Afghanistan. REUTERS

Survey: Divided we stand

WASHINGTON. Americans are sharply divided on issues from race to religion, often along generational and partisan lines, a survey concluded yesterday.

The survey of nearly 2,500 Americans by a pair of Washington think tanks found sharp divisions on a host of issues, ranging from immigration policy to attitudes toward followers of other religious faiths.

80% **Eight in 10 of those polled said they believed Americans enjoy less personal freedom than before the 9/11 attacks.**

"Ten years after Sept. 11, 2001, we seem far less united as a nation," the report from the Brookings Institution and the Public Religion Research Institute said. REUTERS

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Unity, working together were buzzwords of Washington after the attacks ◗ That talk faded, and division now reigns ◗ Experts see bipartisanship as 'rally-around-the-flag phenomena'

Buddy-buddy goes bye-bye as bipartisanship fades

It was just hours after the World Trade Center towers fell, the Pentagon broke open and a plane bore a hole in a Pennsylvania field that congressmen and women, Republicans and Democrats, stood side by side on the Capitol steps singing "God Bless America."

None of them seemed to care what state they were from, how they voted on recent bills or which party they were affiliated with.

But that was Sept. 11, 2001.

The harmony sung from the nation's capitol didn't last long and eventually turned to passionate political rhetoric.

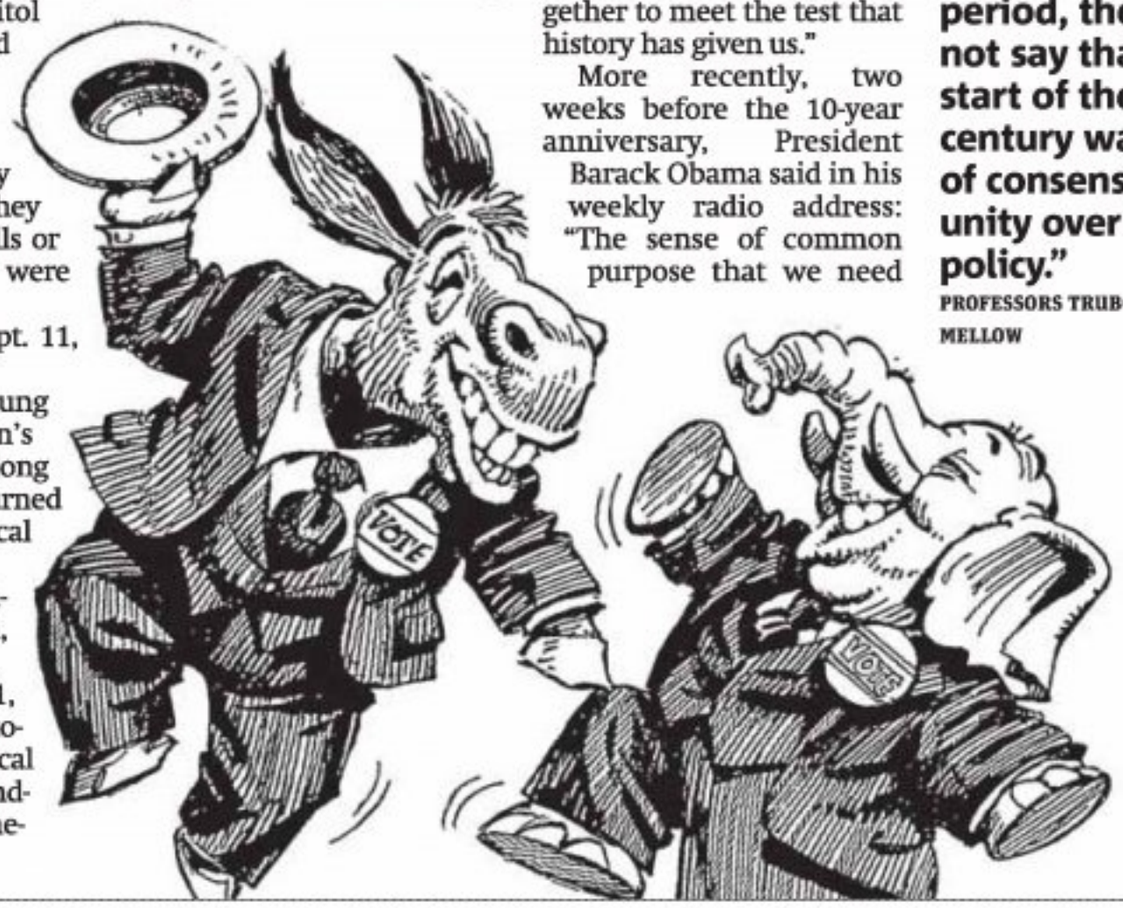
It's not an uncommon rhythm, experts said.

"After Sept. 11, you had a joining together. This is typical of the rally-around-the-flag phenomena," said Joseph S. Nye, former dean of the Harvard Kennedy School and author of "The Future of Power."

The calls for bipartisanship were loud and clear after Sept. 11. And each year, right around Labor Day and just before the anniversary, the calls and tone start to come back.

On the five-year anniversary of 9/11, President George W. Bush told the nation that it must "put aside our differences and work together to meet the test that history has given us."

More recently, two weeks before the 10-year anniversary, President Barack Obama said in his weekly radio address: "The sense of common purpose that we need in America doesn't have to be a fleeting moment. It can be a lasting virtue."



Quoted

"Whatever else future historians say about American politics in this period, they will not say that the start of the 21st century was a time of consensus and unity over foreign policy."

PROFESSORS TRUBOWITZ AND MELLOW

While the calls for unity continued each year around the time of the attacks, they haven't been as loud or abundant as they were 10 years ago, political science experts have found.

In an article for "International Politics," government and political science professors Peter Trubowitz and Nicole Mellow examined roll-call voting in Congress to analyze bipartisanship, particularly with foreign policy.

"Whatever else future historians say about American politics in this period, they will not say that the start of the 21st century was a time of consensus and unity over foreign policy," the professors wrote in their article titled "Foreign policy, bipartisanship and the paradox of post-September 11 America."

Trubowitz and Mellow said the extent of bipartisanship depends on factors that include politics.

"How resolutely lawmakers stay the bipartisan course depends on the state of the economy and the depth of regional rivalries. When voters are worried about their pocketbooks and the nation's politics is sharply divided along regional lines, bipartisanship over foreign policy suffers," the article said.

When bipartisanship loses out, it does have an impact on our standing abroad. Nye said, "Other countries are affected by moods in the United States and what they see as the messiness of the process."

However, Nye added that while partisan politics may be fracturing, not all is lost in terms of foreign standing.

"There is admiration that Americans do disagree and do have a lively democracy," he said.

MICHAEL NAUGHTON
michael.naughton@metro.us

Sound bites

Bipartisanship fail:

- "I want to congratulate my Republican colleagues that they're not too old to learn. Because I was in Congress in 2001, '02, '03, '04, '05, '06 — when the Republicans controlled the House, the Senate [and] the White House, and they pushed things through. There was none of this concern that one-party rule was a bad thing. Now that they're not the party, they've decided that that's a bad idea, and it's always nice when people know new things." U.S. REP. BARNEY FRANK (D-MASS.) ON MEET THE PRESS IN 2009 ABOUT MILITARY SPENDING ISSUE

Fail:

"For months, Congress has delayed action on supplemental war funding because some in Congress want to make a political statement about the war."

PRESIDENT GEORGE W. BUSH IN 2007 CRITICIZING DEMOCRATS FOR LEAVING FOR THEIR THANKSGIVING BREAK WITHOUT APPROVING THE WAR FUNDS

- "I've been left at the altar now a couple of times." PRESIDENT BARACK OBAMA, BLAMING REPUBLICANS DURING FAILED DEBT CEILING TALKS EARLIER THIS YEAR

- "The job of speaker is not to expedite legislation that runs counter to the wishes of the majority of his majority." FORMER HOUSE SPEAKER DENNIS HASTERT (R-ILL.) IN 2003

Bipartisanship bull?

- "Senators and House members, Democrats and Republicans, will stand shoulder to shoulder to fight this evil that has perpetrated on this nation. We will stand together to make sure that those who have brought forth this evil deed will pay the price." FORMER HOUSE SPEAKER DENNIS HASTERT (R-ILL.) ON SEPT. 11, 2001

- "I refuse to accept that while we stand shoulder to shoulder on the war, we should stand toe to toe on the economy. We need to find a way to respect each other, trust each other and work together to solve the long-term challenges America faces." FORMER U.S. REP. DICK GEPHARDT (D-MO.) IN JANUARY 2002

- "I fully support President Bush's decision to strike al Qaeda's terrorist network. Now, more than ever, we must stand united as a nation and support our president and our military. It is important to remember that carefully targeted response is not an attack on a religion, nor a nation, but an attack on terrorism. In Congress, we will continue to work with the White House to do what's needed to bring justice to those who committed the heinous and evil attacks of 9/11." SEN. TOM HARKIN (D-IOWA) IN OCTOBER 2001

- "Let's show that the sense of common purpose that we need in America doesn't have to be a fleeting moment. It can be a lasting virtue — not just on one day, but every day." PRESIDENT BARACK OBAMA ON AUG. 27, 2011

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Bull?

"Winning this war will require the determined efforts of a unified country. So we must put aside our differences and work together to meet the test that history has given us."

PRESIDENT GEORGE W. BUSH IN SEPTEMBER 2006

REPUTATION REMAINS UP FOR GRABS

BY **GRAHAM WILSON**

CHAIR OF BOSTON UNIVERSITY'S POLITICAL SCIENCE DEPARTMENT

In the second day of Metro's coverage of the 10th anniversary of the 9/11 attacks, we examine how Americans see themselves now compared to a decade ago And we gauge opinion from overseas on how America — and Americans — are regarded there Graham Wilson looks at America's global reputation — and finds a more complex picture than expected

All of us like to be loved — perhaps Americans more than others.

We like to recall the many good things the United States has done for the world, including helping to defeat militarism and fascism in two world wars, defending Western Europe from totalitarian communism during the Cold War, and providing vital food aid when famine has threatened many parts of the globe. Some of our politicians even stridently misquote the sermon of the first governor of Massachusetts, John Winthrop, by proclaiming America is a "shining city upon the hill," a model to lesser countries. It therefore hurts to see mobs burning the stars and stripes in a far-off land while chanting "Death to the USA!"

One of the haunting questions asked after 9/11 was, "Why do they hate us?" Some issues involve attitudes in Muslim countries towards the U.S. over which we've got no control. Others are issues where we do have choices, such as our policies in the Middle East. And it can come as a surprise to Americans traveling in Western Europe when people you meet see America not as a shining city upon a hill but as a country wracked by gun violence, addicted to the death penalty (banned throughout the European Union) and, until recently, unique among advanced democracies in not guaranteeing all of citizens health coverage.

Many Europeans, Canadians and Australians even feel that their nations have been democratic as long as the USA and don't see ours as a political model. In fact, they often take a dim view of our gridlocked politics. This negative take on our system of government was reinforced by recent politically driven events in Washington, notably the deadlock over raising the debt ceiling.

Of course there are legitimately positive reflections, too. There are still French villagers who remember the U.S. dropping arms to the resistance or liberating their town. Older Europeans still recall how the Marshall Plan brought prosperity to the post-war continent. Millions of ordinary Britons travel here every year, reveling in Florida sunshine, the excitement of Manhattan, or the incredible scenery of the Southwest. And then there's all of those Hollywood movies and TV shows the world just loves (or loves to hate).

"The crucial thing to remember is that attitudes about the U.S. are a combination of perceptions and misperceptions on the one hand and of what's going on in the observer's home country on the other."

In short, reactions to America are neither all positive nor all negative. Our standing in the world remains up for grabs. So what's underlying the situation?

Let's start with some generally accurate observations of the United States. First, there are genuine differences in public policy that separate us from many countries. For example, we allow more freedom to gays than many people in Pakistan would accept. We differ from Europe on the death penalty, the generosity and comprehensiveness of our welfare state, and by and large on attitudes to guns (though some European countries, such as Switzerland, have widespread gun ownership). And we tax ourselves less than the French, the Germans, and, of course, the Scandinavians

But note some misperceptions related to the complex, indirect way we approach problems through the tax code or regulations rather than through upfront government programs. Health care is a good example. Many Europeans assume the uninsured here have been left to die in the streets. They don't realize that federal regulations required pretty much all hospitals with trauma centers to provide immediately necessary health care without regard to ability to pay. Similarly, it might appear that the U.S. is indifferent to climate issues. But our tax code has provided significant incentives to adopt cleaner, more efficient uses of energy. We often approach public policy problems in such an indirect way that even Americans don't fully appreciate what is being done. Foreigners can be excused for understanding even less.

Our political system also baffles foreigners — as well as many Americans. The sharing of powers (separation is a totally inaccurate description) between three branches of government can result in messy, out-in-the-open disputes as we just saw over the debt ceiling. In almost every policy area, the president, House and Senate can block each other, and the courts also often are waiting to pile on. This is, of course, what the writers of the Constitution intended, but it can easily result in deadlock and stalemate.

Indeed, our system requires compromise to work, something too many recently seem to have forgotten. It's easily overlooked that probably all forms of government — and certainly all democratic systems — also must make compromises and can struggle to reach agreements with wide enough support. But in parliamentary systems, for instance, disagreements and bargaining often are carried on more genteelly inside the cabinet, at meetings of the governing party, or in bargaining between coalition partners.

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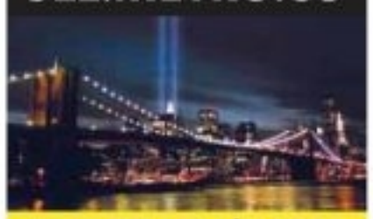

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ADD YOUR OWN TRIBUTE AND MEMORIES

ROBERT NICKELSBERG/GETTY IMAGES

Quoted

"One of the haunting questions after 9/11 was: 'Why do they hate us?'"

"Anti-Americanism in the Middle East is linked to frustration and even shame over the backwardness of that region."

"Most foreigners know that if the world is to have a superpower, the USA is the best one around."

In this country, agreement will come after much blustering and posturing in the form of an agreement that can pass the House, the Senate and be signed by the president. The process looks much messier because it is more public, but the conflict around the cabinet table of a parliamentary system can be just as intense.

But remember that attitudes towards the USA reflect what's going on in the observer's home country. Sometimes these local developments make foreigners more sympathetic. For instance, the British used to be somewhat critical of the inculcation of values and traditions applied in the process of gaining citizenship in the U.S. More recently, as they have struggled to absorb a large immigrant population themselves, they've consciously copied many American procedures.

ROMEO GACAD/AFP/GETTY IMAGES

▶ An Afghan girl greets a patrol of U.S. troops in the southern Afghan province of Kandahar.

Some part of anti-Americanism in the Middle East is linked to frustration and even shame over the backwardness of a region that a thousand years ago was at the forefront of civilization. Some European criticism of the U.S. is linked to the attempts of what was once the world's dominant region trying to carve out a new purpose and an identity now that power has shifted. Both European claims of moral superiority by virtue of having better welfare states and opposition to American unilateralism in foreign policy link to this need to find a purpose and a role. Europe may no longer rule the world but its nations can claim to be kinder, gentler and more cooperative.

At the end of the day, the fact is that most people in Europe and many people around the world do actually like the USA. Recent polls by the Pew Research Center showed that, in 23 countries surveyed, on average 60 percent of people had a positive attitude toward the United States. Our favorability ratings took a hit during the Bush presidency but have recovered significantly since. Perhaps surprisingly to many Americans, France now leads in Western Europe with 75 percent of those polled favorable to the USA, compared to 62 percent in Germany and 61 percent in Britain. In former communist-controlled countries such as Lithuania, pro-Americanism is high, with 75 percent favorable. In Japan, the U.S. is even more popular with an 85 percent favorability rating. It is by and large in Islamic countries where the our rating tanks — 20 percent in Egypt, 13 percent in Jordan and 12 percent in Pakistan.

For all of recent history, the strongest power in the world — first the UK, now the USA — has been a country characterized by high degrees of freedom, political debate and the capacity for self criticism. This did not save either nation from mistaken foreign adventures and misconduct. But it did make it more likely that over time those mistakes would be acknowledged and corrected. This is not likely to happen in China. Likewise, there have always been substantial anti-war movements in the United States — regarding Vietnam, Iraq and even World War II. No such movement can develop in China critical of its Tibet policy.

So, deep down, most foreigners know that if the world is to have a superpower, the USA is the best one around.

Opinion

BRAYDEN SIMMS
METRO COLUMNIST

WHERE'S OUR SENSE OF COMMUNITY?

National politics have always been rancorous as a rule — especially in the United States, where the two-party system imposes a definite "us vs. them" dichotomy.

Still, it's hard to ignore the radicalization of our sociopolitical discourse in the years following the 9/11 attacks, as economic mismanagement and an erosion of freedoms have led our nation to increasingly resemble the oppressive Middle Eastern societies from which our radical enemies crawled forth.

It's not that we didn't hate each other pre-9/11. (Monica Lewinsky, much?) But perhaps we didn't hate each other quite so all-consumingly. Osama bin Laden didn't invent U.S. divisiveness — he merely capitalized on it. And like dutiful sheep following a ghastly shepherd, we've turned on one another: pointing the finger, for instance, at union workers like teachers for bankrupting our treasury while using the other hand to cheer on historically low tax rates for corporations.

In the immediate aftermath of the 9/11 terror attacks — as much of the nation rallied behind a previously unpopular president — one popular media narrative purported that the architects of the campaign "hated us for our freedoms." The implications of this argument were intuitive: The U.S. of A is a great nation steeped in liberties, and we must defy the hateful barbarians who attacked us lest they emerge the victors in this global game of chess.

Quoted

"Osama bin Laden didn't invent U.S. divisiveness — he merely capitalized on it."

Fast-forward 10 years, two wars (at a cost of some $4 trillion) and one crippling economic recession, and it doesn't look so good for the home team. Over the past decade, our rich have grown richer while the rest of us have sunk deeper, we've witnessed a weathering of civil liberties and, perhaps most worrying, our hate for our fellow citizens seems to have been magnified exponentially.

With the targeted assassination of former al Qaeda chief Osama bin Laden earlier this year, America may well have cut the head from the snake of fanatical Islam. But the war to stanch the bleeding from the 9/11 attacks — the poisonous rhetoric, the flourishing hate and the internal damage done by those who would seek to destroy America from within — will require the prevailing of cooler heads.

We must not allow the terrorists to win. We must hold fast to our freedoms and our standards of living. We must remain, now and forever, the United States of America.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send 300-word submissions to letters@metro.us.

AS SEEN BY THE REST OF THE WORLD

How do you think the US has been changed by 9/11?

Bolette Pilegaard Graae, 34, student, Copenhagen
I think the patriotic feeling in the U.S. has been strengthened since 9/11. The U.S. has been a country fighting a war for the past 10 years, and it wasn't before. It has become clear that the country has an enemy and who that is — the Taliban.

"The twin towers were an American icon, a symbol in which they used to mirror themselves. Without it, they lost their identity, their personality."
ANDRE LUIZ, 25, STUDENT, BRAZIL

Jakob Nerbek, 32, social worker, Copenhagen
It hasn't been changed that much except for the country's economy, which is in a horrific state. War and the fight against terror is expensive, which is an effect of 9/11. But I think Barack Obama has helped to improve the U.S.'s image.

Omar Barahona, 31, photographer, Peru
After 9/11, America became paranoid about the world. Al-Qaeda proved that this superpower country was vulnerable. And I think the United States is still fighting to recover its pride.

Maria Teresa Chavez, 28, designer, Peru
I think America changed a lot since 9/11. Nowadays it is not easy to enter the country. There are a lot of restrictions at airport, and the inmigrants in general are not so well-received as in the past.

Sebastian Nystrom, 26, developer, Stockholm
"Not only the U.S. — the whole world changed. The hunt for terrorists means it's stricter, with more monitoring."

Mariana Freitas, 19, student, Brazil
It was like Americans lost their ground, and then they felt vulnerable against the enemy. ... They became paranoid.

Roo Fox, 22, college student, London, Ontario

[The United States] hasn't changed — they're still power-hungry.

Annica Emmervall, 38, lawyer, Stockholm

Yes, security is even more important than before; and there are stricter rules for getting into the country. But I think it is important to protect openness despite what happened.

Jonathan Den Haan, 24, recent graduate, Vancouver

For me, paranoia comes to mind. It is interesting how the people of the U.S. lost their confidence and appetite for war after 9/11. America's prosperity made the people feel as if they had the authority to be part of everything; but now that can be viewed as the government failing to protect their people.

Highs and lows of ...

THE US WAR ON TERROR

From George W. Bush's first mention of WMDs to the triumphant killing of Osama bin Laden:

Sept. 11, 2001:

Terrorist attacks against the United States: Two planes crash into the twin towers and one hits the Pentagon, killing nearly 3,000 people.

Oct. 7, 2001:

The U.S. and the U.K. begin war in Afghanistan with Operation Enduring Freedom, launching ground forces in Kabul to oust the Taliban from power.

Jan. 29, 2002:

In his State of the Union address, President George W. Bush says that Iraq is part of the "axis of evil," and the nation is allied with terrorists and poses a serious threat to the U.S. Bush would later say Iraq was harboring weapons of mass destruction.

March 19, 2003:

Bush leads U.S. invasion of Iraq. Some countries decry the invasion as unilateral and argue that the threat of weapons of mass destruction is unfounded and misrepresented.

April 9, 2003:

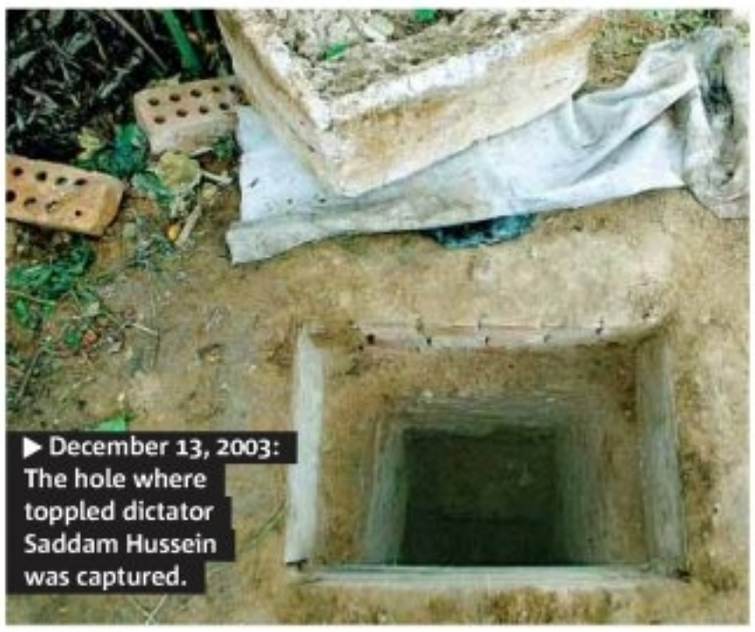
Baghdad falls under America's control, overthrowing Saddam Hussein's rule inside the capital. In a symbolic moment, U.S. troops topple a statue of Hussein.

Dec. 13, 2003:

Saddam Hussein is found by U.S. military personnel and is sentenced to death by hanging.

▶ March 19, 2003: Bush leads U.S. invasion of Iraq.

▶ April 9, 2003: Baghdad falls under U.S. control.



▶ December 13, 2003: The hole where toppled dictator Saddam Hussein was captured.

GETTY IMAGES

▶ Nov. 8, 2006: Donald Rumsfeld resigns after reports of Iraqi detainee abuse at Abu Ghraib prison (above).

▶ May 2, 2011: U.S. Marines watch as President Obama announces the killing of Osama bin Laden.

March 31, 2004:

Four mercenary soldiers, working with a company called Blackwater as private security guards, are brutally killed in Fallujah. Their bodies are beaten, dragged through the streets, and hung — the images of their deaths puts a spotlight on the controversial U.S. decision to use privately paid military contractors in Iraq.

Sept. 7, 2004:

By this point, 1,000 U.S. soldiers have lost their lives in Iraq.

April 2005:

The CIA's top weapons inspector announced that after an exhaustive search, they found no weapons of mass destruction in Iraq.

Dec. 15, 2005:

The first parliamentary elections in Iraq are being held since the capture of Hussein.

Nov. 8, 2006:

Secretary of Defense Donald H. Rumsfeld resigns from his position after reports break that Iraqi detainees were being abused at Abu Ghraib prison. Public outrage followed after photos were leaked that showed prisoners subject to torture and forced into humiliating positions.

June 7, 2007:

The al-Qaeda leader in Iraq, Abu Musab al-Zarqawi, is killed in an airstrike.

Feb. 27, 2009:

President Barack Obama vows that all the U.S. combat soldiers in Iraq, except for a transitional force of 35,000 to 50,000 troops, will be withdrawn by Aug. 31, 2010.

May 2, 2011:

9/11 mastermind Osama bin Laden is killed by Navy SEALs in a compound where he had been hiding in Abbottabad, Pakistan. U.S. citizens triumphant with glee.

June 22, 2011:

Obama announces that 10,000 U.S. troops would be withdrawn by the end of 2011 in Afghanistan and an additional 23,000 troops would leave the country by the summer of 2012.

Aug. 6, 2011:

Taliban fighters in Afghanistan shoot down a CH-47 Chinook, killing 30 Navy SEALs — some belonging to the same raid that killed bin Laden. The incident marks the deadliest single loss for American forces in the war. GRACE SERVERA

POST YOUR COMMENTS: WWW.METRO.US

Immediately after 9/11, the Middle East saw an outpouring of sympathy toward America Simon Mars says that in the 10 years since, American administrations have done all they can to throw away that goodwill And yet, as the Arab Spring uprisings have shown, there remains an appetite for American-style freedoms

Cynicism remains on the Arab street

Most people can remember where they were when the planes hit the twin towers. I was in my apartment in Dubai where I'd been living for over a year, working as a regional documentary producer for a start-up TV channel.

The phone rang, calling me into work. I arrived in time to see the towers fall. Those around me looked at their TV screens with a mixture of awe and fear, not really believing what they were seeing. My reaction was more personal: I had lived in New York and knew people who worked in the WTC complex — if not in the towers themselves.

From the beginning, everyone in the newsroom assumed the attack had come from our part of the world, from people we had half-jokingly mused about going to Afghanistan to interview, from fanatics and fools who lived in caves. These were people who could kill — the bombings in Africa and the attack on the USS Cole had proven that — but not people who could change the world.

I knew though that this is exactly what had just happened. I knew America had to respond and that its response would be both violent and overwhelming.

President Bush's inauguration, just eight months before, had marked the arrival of a group of people who came to be known as neoconservatives, people who believed in the use of force, people such as Michael Ledeen who had once said, even before the attacks: "Every 10 years or so, the U.S. needs to pick up some crappy little country and throw it against the wall, just to show we mean business."

JENNIFER S. ALTMAN/WIREIMAGE

"The phone rang, calling me into work. I arrived in time to see the towers fall. Around me, people looked at their TV screens with a mixture of awe and fear, not really believing what they were seeing. My reaction was more personal: I had lived in New York and knew people who worked in the WTC complex — if not in the towers themselves."

MARS, ON WHERE HE WAS WHEN HE HEARD OF THE 9/11 ATTACKS

One such country that many of the neoconservatives believed the U.S. had unfinished business with was obviously Iraq, and history shows one of Donald Rumsfeld's first actions following 9/11 was to ask for plans to be drawn up for a possible attack on Iraq — even though there was no evidence Saddam Hussein had anything to do with 9/11.

The attacks on the U.S. created an unprecedented outpouring of sympathy across the Arab world with Libya, Syria and Iran sending its condolences. That emotion continued, even during the invasion of Afghanistan but as it became increasingly obvious that the next target was Iraq that sympathy began to dwindle and the mood began to change.

As the invasion got closer, some Arabs I met began to make comments that it was a good thing the American people felt some of the pain their country had inflicted on millions of innocent people in other lands — such as during Vietnam or the first Iraq war. Surely, they said, if the people remembered their own pain on 9/11 they would try to prevent their government from attacking Iraq.

My hope was that the U.S. government would see that any attack on Iraq would be playing straight into bin Laden's hands. From the start, his plan was to draw America into a violent response, to force people around the world to choose sides, to create a clash of religions and civilizations and to stir up a fundamentalism, on both sides, that would set fire to the world. Surely the U.S. would not give him what he most wanted?

As the war drew close, the region became more inflamed in protest and the antagonism toward America grew.

They heard America's explanation of why it had to attack Iraq — and they didn't believe a word of it. Memories fade, people forget; so who can remember now, clearly, the prelude to the war? The propaganda and the lies? The yellow cake and the weapons of mass destruction? The denial that it had anything to do with regime change?

People in the Middle East tend to be cynical; it goes with the territory, living as they do in the space between their leaders' rhetoric and the reality of their lives.

They know their leaders lie, so instead they turn to conspiracies for the truth: There had to be, people would say to me, another reason the U.S. wanted to attack Iraq. Was the hidden hand of Israel at work? After all, who else stood to gain from an American attack on Israel's enemies?

Some conspiracies were easy to dismiss. Rumors that Jewish people had been told not to go into work on 9/11 was demonstrably a lie, but I had no answer as to how Mohammad Atta's passport had been found at Ground Zero or who had made the ostensibly fake video of bin Laden sitting around discussing the attacks over dinner.

And so the Iraq war started: an easy victory followed by a disastrous occupation. Even now, it's difficult to underestimate how much harm this did to America's reputation.

In the Middle East, American democracy came to represent destruction, torture chambers and squalid deals with repressive dictators as long as they collaborated with the U.S.'s strategic goals.

People could not understand why, if the U.S. insisted it was fighting for freedom, its principal Arab ally, Saudi Arabia, was a feudal monarchy which refused to even let its women drive cars. And if Israel was not a motivating force behind the attack, people would say, then was it all just for oil? Was it as simple as that?

Five years later, following the inauguration of President Obama, the region seemed prepared to give the U.S. a second chance. I was in Cairo a month after Obama had delivered his speech calling for "a new begin-

▶ Iraqi men in Baghdad watch a live broadcast on satellite television of a speech delivered in Cairo by President Barack Obama on June 4, 2009. President Barack Obama today vowed to forge a "new beginning" for Islam and America in a landmark speech to global Muslims, evoking a vision of peace after smoldering years of "suspicion and discord."

GETTY IMAGES

▶ A weakened Wall Street weighs heavy on the views of outsiders.

GETTY IMAGES

▶ Iraqis from the Sadr Movement hold up a banner against U.S. occupation as tens of thousands of Iraqi followers of radical Shiite cleric Moqtada al-Sadr protested in the streets of Baghdad on October 18, 2008, against the U.S. occupation of Iraq.

BY
SIMON MARS

TV PRODUCER AND JOURNALIST WHO LIVES IN CAIRO, EGYPT, AND DUBAI, UAE

ning between the United States and Muslims around the world." People told me how pleased they were at Obama's tone: pleased that he had praised Islam and promised the U.S. would treat the Arab people with respect and that he had described the plight of the Palestinians as "intolerable" and called for the creation of a Palestinian state.

What they did not hear, though, was any condemnation of the government of the country where the speech was given: Egypt, which had then spent 30 years under the corrupt and authoritarian regime of Hosni Mubarak. So, as much as they praised the speech they worried, was it simply more rhetoric — or would they really see a change in policy?

They didn't. Despite Obama's promise Guantanamo Bay remains open. The troops are still in Iraq and few believe they will be leaving anytime soon — even after this December's deadline. And they saw Israel attack Gaza with impunity while continuing to build settlements on Palestinian land.

Power is one thing people in the Middle East understand, and they can sense when it is ebbing away. Ten years after 9/11, people in the Middle East see a weakened America.

Bin Laden may be dead, but his desire to do to the United States what the mujahideen did to the Russians in Afghanistan is still on track. One reason the Soviet Union collapsed was that it could no longer afford its empire. People in the Middle East now look at the US and wonder if they are witnessing history repeat itself.

They see a country that will ultimately have spent around $4 trillion on its War on Terror — a country that has unimaginable levels of debt and has been humiliated by China's recent comment that it has "every right now to demand the United States address its structural debt problems and ensure the safety of China's dollar assets." They saw Hurricane Katrina and hear about a country where 1 percent of the people now own 40 percent of the wealth. They see, too, a recent poll that shows 78 percent of the public are dissatisfied with the country's political system. And, 10 years on, they see an Afghanistan where the Taliban are waiting for the U.S. to leave before they again take over. In Iraq, they see a country where nothing happens without its politicians first checking how it plays in Tehran.

So what role do people in the Middle East want the United States play in the region during the second decade after 9/11? One thing they certainly do not want is more military intervention.

The events of the Arab Spring showed the Arab people that they possessed an unknown power: the power to control their own destiny. It revealed, too, the utter irrelevance of al-Qaeda and the extremists; they had nothing to do with the uprising and are disliked by most people in the region.

The American public needs to know that people in the Middle East actually like America. They admire its freedoms, its culture and its opportunities. But most of all, they admire its liberty.

Now, nine months after it began, the Arab Spring is faltering with authoritarian governments beginning to regain control. The Arab people are asking for help. They want the United States to use its power and influence to help them replicate the great promise of the American revolution — to help them create their own governments of "we the people." America should not let them down.

HEROES AND VILLAINS

ALEX WIGGLESWORTH
awigglesworth@metro.us

- In the movies, the American response to 9/11 would be clear-cut: Determined, but with the best possible motives
- There was, indeed, a lot of heroism. Inevitably, though, some Americans let their country down

THE HEROES

Some of the biggest heroes of Sept. 11, 2001, are average Americans who jumped into the fray without hesitation.

"Like everybody else that morning, I saw the attack on the television," said politician-come-EMT and volunteer firefighter Gene Stilp of Middle Paxton, Pa. "I used to live in New York, so I felt moved to go there. I spent that first weekend helping out and looking for remains."

Many service members continue to quietly risk their lives on a daily basis in the name of protecting the country, even 10 years later.

"The number one reason I joined military is they attacked us on our home soil in two separate locations. We were short on soldiers at the time and we were about to go into war, so it was my duty to contribute," said U.S. Army Capt. Zak Waity, 32, who enlisted in May of 2002 and has since completed two tours in Iraq.

He said that many of his fellow soldiers joined due to the attacks, with even retired veterans returning to the fray to contribute their service and knowledge.

"9/11 still has effects because we're still involved in that conflict. That day is what led to the war," Waity said. "It's present every day for people in the military."

"The 10th anniversary brings to light why we are in Iraq and Afghanistan. It acts as a reminder to why you wear a uniform every day," he continued. "It's a reminder to civilians why military personnel do what they do, and police and firefighters as well."

Navy SEAL Team 6

A team of 40 CIA-led Navy SEALs, 24 on the ground, successfully completed an operation to kill Osama bin Laden in Abbottabad, Pakistan, in the early morning of May 2, 2011. They were part of the Naval Special Warfare Development Group, previously called "Team Six."

▶ A makeshift memorial stands March 10, 2002, at a site overlooking the field where United Airlines Flight 93 crashed in Shanksville, Pa., on Sept. 11, 2001.
GETTY IMAGES

Todd Beamer
and other passengers of Flight 93

Beamer realized terrorists intended to use Flight 93 as a weapon through covert cell phone calls.

▶ Todd Beamer

He told the phone operator that some of the plane's passengers were planning to "jump on" the hijackers and fly the plane into the ground to avoid further damage.

Beamer's last audible words were, "Are you guys ready? Let's roll."

THE VILLAINS

Perhaps nothing is more villainous than taking advantage of the pro-American goodwill and sense of unity engendered by the attacks' aftermath.

9/11 survivor charities have been under intense scrutiny in recent weeks due to an Associated Press report alleging that many misappropriated funds, failed to publicly disclose spending and never followed through on their stated missions.

Arizona Attorney General Tom Horne is reportedly investigating the American QUILT Memorial, a project founded by nonprofit Stage 1 that raised more than $700,000 to create a huge quilt with a square dedicated to each life lost on Sept. 11.

According to the charity's website, the organization ceased all fundraising efforts last September without achieving its goal. Much of the donated money went to an official of the charity, financing his salary, family loans, a new home and travel promoting the nonexistent quilt, the AP report said.

New York Attorney General Eric Schneiderman is also investigating several charities in New York for similar offenses, reports said.

Anwar al-Awlaki, 40

- Born in Las Cruces, New Mexico.
- Senior talent recruiter, planner and trainer for al-Qaeda.
- Islamic lecturer and spiritual leader whose sermons were attended by three 9/11 hijackers and Fort Hood shooter Nidal Malik Hasan. Times Square bomb plotter Faisal Shahzad also cited him as an inspiration.
- First U.S. citizen ever placed on CIA target list.
- Believed to be hiding in Yemen.

▶ Al-Awlaki

▶ Walker Lindh

John Walker Lindh, 30

- Born in Washington, D.C., and converted to Islam in 1997.
- Studied in Yemen and Pakistan.
- Traveled to Afghanistan to fight with Taliban forces against the American military.
- Captured as an enemy combatant during the the Battle of Qala-i-Jangi.
- Serving a 20-year prison sentence in connection with his participation in Afghanistan's Taliban army.

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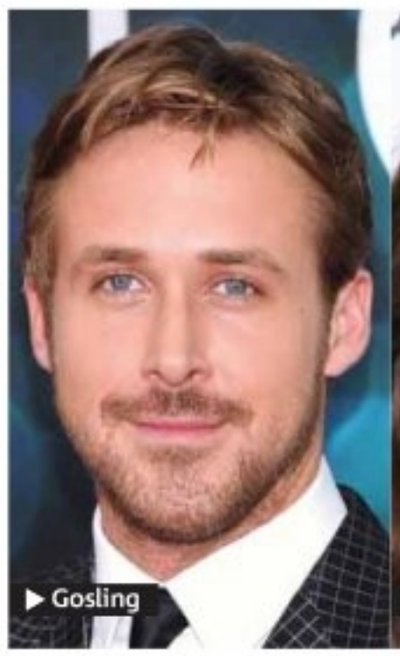
2

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Crazy hot new couple alert

PHOTOS: GETTY IMAGES


▶ Gosling

▶ Mendes

Holy smokes! Here's a gossip item so steamy, its hotness might not be able to be contained to this page: It seems as though hottie extremes **Ryan Gosling** and **Eva Mendes** are dating. And if not "dating," per se, they are certainly touching each others' no-no parts.

Yes, Us Weekly has the exclusive photos of the two hugging and kissing at Disneyland on Saturday in their latest issue. "They were very playful," an observer tells the magazine. "Eva was skipping around like a little girl. ... She would lean into him and she held his arm the entire time."

Although there has been no denial or confirmation from their publicists that the two are dating, it seems weird they would go to such a public place if they didn't want to be outed. (If you didn't want people to know you're canoodling, you'd go to places where people don't go, like Missouri or a Blockbuster.) And, really, if I was either of them, I'd want the world to know I was hanging out with that hot piece, am I right? You know I'm right. Don't deny this hotness.

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DOROTHY ROBINSON'S WORD BLOG

Jessica Simpson: Idiot

Simpson

Before I share the following "news" item, please take it with a huge grain of salt. In Touch "reports" that **Jessica Simpson** is considering breast-reduction surgery before she walks down the aisle with fiance Eric Johnson. "She thinks if she downsizes her breasts, she will look smaller. She's never loved having a huge chest," a source tells the magazine.

I have a feeling that is the biggest lie In Touch magazine has ever printed, and that is saying something. Because when you think about what men hate about women, a bodacious rack they could stick their heads in for hours probably isn't the first thing on the list.

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Kevin Bacon is overwhelmed by remakes, Shaquille O'Neal is striking out at the White House, Charlie Sheen is immortal and Joan Rivers wants some privacy.

▶ **@SHAQ**
O for three in tryin to meet the honorable president Obama

▶ **@charliesheen**
EPIC year!! Thanks to all for the kind birthday wishes. I'm gonna outlive you all..! #WINNING..!!!!

▶ **@kevinbacon**
First Footloose now Flatliners! Are they just remaking the ones that start with F?

▶ **@Joan_Rivers**
Ben Franklin said it best: "Guests, like fish, begin to smell after 3 days." He didn't mention: "20 minutes if your guest is Snooki."

Rivers

Talking points

Will, Kate return a gift

William and Kate, the Duke and Duchess of Cambridge, have taken it upon themselves to do a little re-gifting, starting with a Land Rover they received as a wedding present earlier this year, according to the Associated Press. The royal couple has donated the vehicle to Mountain Rescue England and Wales. "The vehicle will be greatly appreciated," a spokesman for Glossop Mountain Rescue Team, the regional team that ended up with the new ride, said in a statement. "Our present vehicle only has a shelf life of about six months, and we were embarking on a major fundraising exercise to raise more than £45,000 to replace it."

Eddie Murphy to host Oscars

The rumor has been confirmed: **Eddie Murphy** will, indeed, host the 84th annual Academy Awards. "I am enormously honored to join the great list of past Academy Award hosts from Hope and Carson to Crystal, Martin and Goldberg, among others," the actor said in a statement. It won't be his first time at the ceremony. In 2006, Murphy was nominated for Best Supporting Actor for his acclaimed role in "Dreamgirls," although the Oscar went to **Alan Arkin** of "Little Miss Sunshine."

▶ Adele

Adele keeps it real

Adele, who has had to cancel several tour dates this year due to illness, apparently doesn't do so well on the road even when she's feeling healthy. "I puke quite a lot before going onstage," she tells British Vogue, admitting that there is a bright side to it. "The bigger the freak-out, the more I enjoy the show." But no one should mistake the singer's nerves and anxiety for issues about her weight, of which she says she has none. "I've seen people where it rules their lives, who want to be thinner or have bigger boobs, and how it wears them down," she previously said in an interview with Rolling Stone. "I don't want that in my life. I have insecurities, of course, but I don't hang out with anyone who points them out to me."

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Blasts from the past

1: Shirley MacLaine hammed it up before being awarded the Legion of Honor medal at La Cinematheque francaise on Monday in Paris.

2: Oh hey! It's a picture of Yanni in front of a picture of Yanni. How meta! Here he is at a press conference ahead of his concert on Monday in Beijing.

3: DJ Snoopadelic (aka Snoop Dogg) performed during 2011 Electric Zoo at Randall's Island Park on Thursday in New York.

4: Henry Winkler chilled out with some of his frozen feathered friends at SeaWorld San Diego's Penguin Encounter on Friday in San Diego.

5: George Michael — still looking pretty fine for a guy who routinely passes out in his car — performed at the O2 World in Berlin on Tuesday.

6: Here's a photo we'd never think would happen: Former Vice President Dick Cheney and comedian Carrot Top (do you need help figuring how who is who?) met one another at "The Tonight Show with Jay Leno" last Friday.

7: Lauryn Hill performed at the eighth annual Rock The Bells festival on Governor's Island on Saturday in New York City.

1: KRISTY SPARROW/GETTY IMAGES
2: CHINAFOTOPRESS/GETTY IMAGES
3: BEN HIDER/GETTY IMAGES
4: MIKE AGUILERA/SEAWORLD SAN DIEGO VIA GETTY IMAGES
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7: ANDY KROPA/GETTY IMAGES

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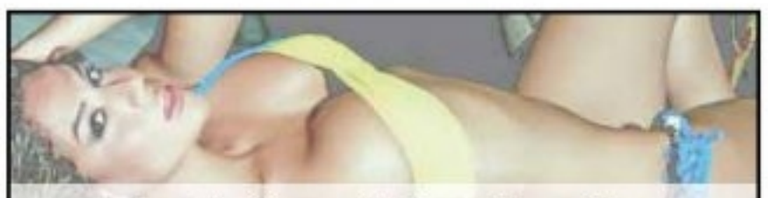

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What up, Holmes?

Katie Holmes on Guillermo Del Toro's latest horror film, 'Don't Be Afraid of the Dark' What she learned the moment she became a mother

Quoted

"What I love about this character that I got to play – I love that moment when she's hurt and she has to rise and save Sally because it's an emotion that I didn't understand until I became a mother myself, which is that you have a strength that is unlike anything you ever thought of before, let alone ever experienced. ... It happens the moment that baby is born — you are a different person."

— Katie Holmes on relating to her character

Joey Potter has grown up. The 32-year-old woman who became famous for that character on "Dawson's Creek" so many years ago is now poised and unflappable as she sits in New York's Waldorf Astoria, sweetly answering questions about her latest film, "Don't Be Afraid of the Dark."

Produced by the auteur of gore, Guillermo Del Toro, "Dark" centers around a young girl named Sally (Bailee Madison) who joins her father (Guy Pearce) and his new girlfriend (Holmes) to live at an old restored mansion, which, Sally learns, harbors some creepy ancient creatures who are dying for some company.

"They're like cockroaches but worse because they're slimy, so it's like half-maggot, half cockroach," Holmes says of the predatory homunculi.

Where the actress, who has been married to fellow actor Tom Cruise for five years this November, is heavy on charm — she even thanked us for coming out in the rain to support the film — she's light on candor. Holmes is one to, as we say in the business, "stick to the script."

"It was a real thrill to work with Guillermo," she says when asked how doing this movie compared with the horror movies she did earlier in her career. "I loved the characters and the family dynamics that really bring the audience in. Then, all of a sudden something scary happens and you realize you're on this thrill ride."

▶ Holmes listens carefully for the homunculi in "Don't Be Afraid of the Dark."

COURTESY OF MIRAMAX FILMS

But how about those films like "Disturbing Behavior"? She continues:

"I started my career with 'The Ice Storm' — that was a character-driven slice-of-life drama and horror. I feel fortunate. I've worked with a lot of really good actors and filmmakers, so it was nice to have that opportunity again in this picture."

HEIDI PATALANO
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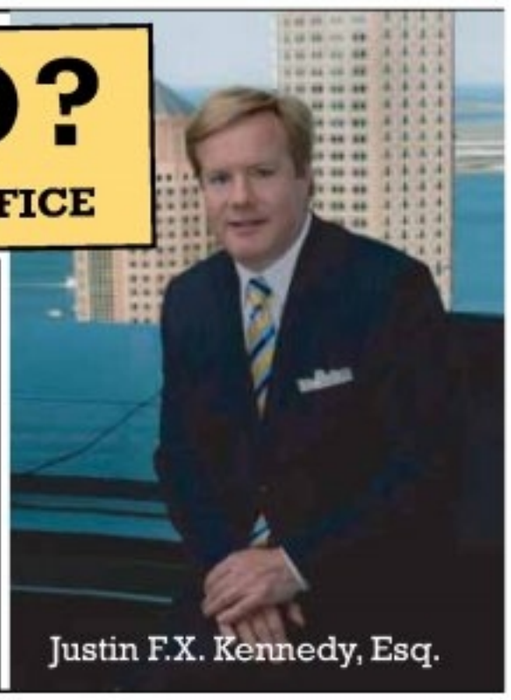

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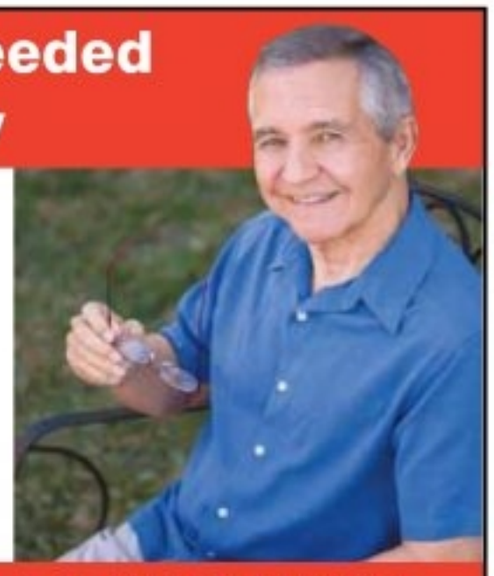

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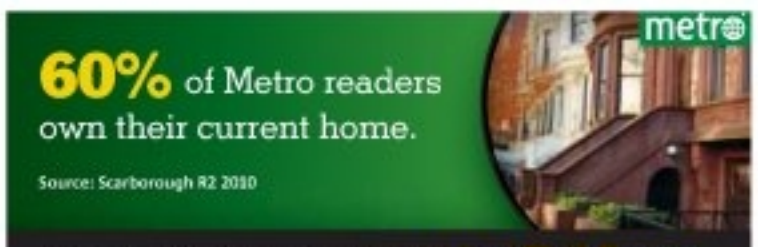

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TODAY IN MEDICINE

WWW.METRO.US/WELLBEING

A US Open-inspired workout at home

You don't need to head to New York City for these exercises Let this plan from Crunch Fitness teach you how to get moving like the pros

The US Open is in full swing (ha!), and while you might not be able to play on the courts of Arthur Ashe Stadium, you can do the following moves to get ripped like Rafa, Serena and other tennis greats. Do 10 reps of each exercise and then repeat on the opposite side. If you don't have access to a Smart Bell, then a dumbbell, medicine ball or milk jug can be used.

1) Ferocious Forehand: Begin standing with feet hip-width apart holding the Smart Bell in both hands. Bend at the knees and lower down into a "ready" squat position. Rotate your upper body to the right while simultaneously drawing the Smart Bell back to the right with the right hand. Then, swing the Smart Bell back to the starting position as if you were striking a forehand.

2) Brutal Backhand: Assume the "ready" squat position from the Ferocious Forehand. Rotate your upper body to the left while simultaneously drawing the Smart Bell back to the left with both hands. Then, swing the Smart Bell back to the starting position as if you were striking a backhand.

3) Grand Slam Serve: Begin standing while holding the Smart Bell in the right hand behind the body. Swing the Smart Bell up overhead and then down in front as if you were swinging through a serve.

4) Vicious Volley: Begin standing in "ready" position with knees bent, holding the Smart Bell in both hands. Rotate the body to the left and bring the Smart Bell down, a foot off the ground. Twist the body up and to the left as you simultaneously bring the Smart Bell overhead. Reach the Smart Bell as high up as you can and then bring it back down to starting position.

5) Fifth-Set Squat: Begin standing with feet hip-width apart holding the Smart Bell in both hands. Bend at the knees and lower down into a low squat while dropping the Smart Bell between the legs. Explode up to standing while simultaneously bringing the Smart Bell overhead.

MICHELLE WILLIAMS
letters@metro.us

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Letters

letters@metro.us

New plan, same as the old plan

Obama's plan on creating new jobs is to do what most politicians have already done — throw some money at roads and bridges that need to be fixed and then hope for the best. Are we living in a time where we just roll over and accept what is given to us? Or are we going to learn how to differentiate wrong from right and say, "end the tax breaks for the wealthy" and implement a plan that would better create long-term jobs for those who desperately need them?

RICARDO CUMMINGS, VIA E-MAIL

Fix the economy, create jobs? That's neither the function of the president nor the Congress! What they could do to help would be to stop the wild spending spree such as these unconstitutional wars, foreign aid and getting out of areas where the government has no business — like housing, medicine and education, just to name a few.

FRANK ST GEORGE, VIA E-MAIL

Missing one important stat

RE: "9/11 BY THE NUMBERS": For your attempt to statistically summarize the decade since 9/11/01, Steve Annear missed the most important figure: 2,977 — the number of innocent lives lost that day in Lower Manhattan, Washington, D.C., and Shanksville, Pa. Egregious oversight.

WILLIAM BURKE, VIA E-MAIL

The denial of our religion

RE: "THE RELIGION OF OUR DENIAL": Mr. Dupont's outrage is understandable when it comes to the word "god" being banned at military funerals. I say it's understandable because people like him often get enraged at things that don't actually exist — but in fact the opposite is the problem. The VA has not banned the use of the word "god" at military funerals nor are they blocking prayers so long as the families request them. As far as the clergy ban at the 9/11 10th anniversary memorial ceremony goes, I support it wholeheartedly. The 9/11 attacks were perpetrated by crazed religious zealots. The last thing we need is for the memorial services to be hijacked by more of them.

JIM MOREY, VIA E-MAIL

Better the clergy of all faiths stand with the rest of us on that day, rather than over us on a podium.

JOSEPH CONNELL, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♍ Virgo **Aug. 23-Sept. 22.** Do not take on an assignment that must be completed today if you're not sure you can do it in time. It's better to be honest up front rather than make yourself look bad by falling short.

♎ Libra **Sept. 23-Oct. 23.** You'll not mind helping out another as long as the act is voluntary. Being manipulated by another to do his or her bidding, however, is likely to make you extremely resentful.

♏ Scorpio **Oct. 24-Nov. 22.** Keep your obligations to friends in proper perspective. Don't rush to help someone you want to impress but who has done nothing for you.

♐ Sagittarius **Nov. 23-Dec. 21.** If success eludes you, it isn't likely to be because you're unwilling to work hard. It may be due to the fact that your focus is more on fun and games than on your obligations.

♑ Capricorn **Dec. 22-Jan. 19.** It's never smart to debate philosophical issues because there is no solving them. Chances are each side can get too emotionally involved.

♒ Aquarius **Jan. 20-Feb. 19.** Parity will be required in order for a joint endeavor to be successful. If you're not willing to give as much as the other guy or gal puts toward a project, don't get involved.

♓ Pisces Feb. **20-March 20.** Be honest about your lack of know-how instead of trying to tackle something you can't possibly handle. You'll only embarrass yourself.

♈ Aries **March 21-April 19.** You could easily thwart your own purposes by being unduly aggressive. Slow down and take it easy because trying too hard can be as ineffective as not trying at all.

♉ Taurus **April 20-May 20.** Understate your sales pitch and let the listener fill in the blanks with what they want. Sometimes a soft sell is the most effective weapon.

♊ Gemini **May 21-June 20.** Just because someone is a good friend is not reason enough to ask financial advice from him or her. Make sure the person you go to has the experience to advise you wisely.

♋ Cancer **June 21-July 22.** Put your mind in gear before you open your mouth and start talking. If you don't, all kinds of things could come out, such as some ill-chosen words.

♌ Leo **July 23-Aug. 22.** One of your favorite friends, who's always in a financial bind, might hit on you once again to bail him or her out. It's time to put limits on how much and how often you can do so.

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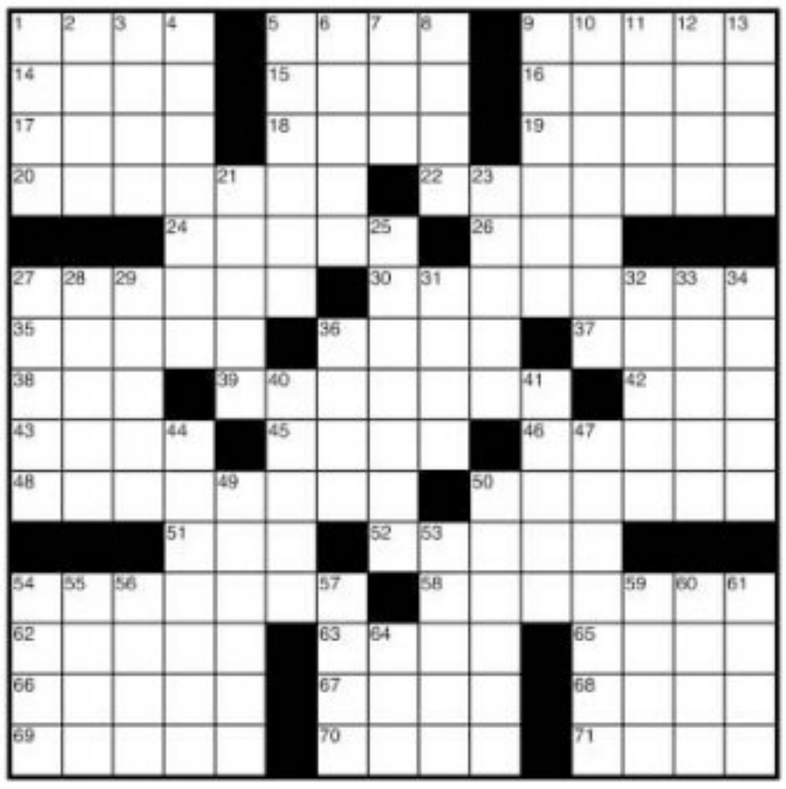
Across
1 Dauntless
5 Fish lander
9 Threshing debris
14 Help! in Le Havre (2 wds.)
15 NYC theater award
16 Mean dwelling
17 Squeals on
18 "__ here long?"
19 Chosen few
20 Hardly a torrent
22 Tried hard
24 Comic-strip queen
26 Govt. agency
27 It has a certain attraction
30 As spoken
35 Shack or mansion
36 One-liner
37 Quick to the helm
38 Train unit
39 Move ahead
42 NBA's Manute
43 Between ports
45 Lettuce buy
46 Geneva's river
48 Lost it (2 wds.)
50 Raspy-sounding
51 Shiny metal
52 Muscat citizen
54 Slippery
58 Torpor
62 Hawk's lair
63 Inning enders
65 "Misery" co-star
66 Water conduits
67 Fictional pirate
68 Wrist-to-elbow bone
69 __ & Young
70 Rank below marquis
71 Hardy's dairymaid

Down
1 Minstrel
2 FitzGerald's poet
3 Viaud's nom de plume
4 Break up
5 Wine glass
6 Red as __ __
7 A pox upon thee!
8 Swamp
9 Little angel
10 Time off
11 Tel __
12 Honor in style
13 Left in a hurry
21 Censor
23 A crowd?
25 Guacamole base
27 Colorful parrot
28 Humiliate
29 Bridge expert
31 Was very thrifty
32 Fifer's drum
33 Wrinkle removers
34 Rumpus
36 "Piano Man" name
40 Dry white wine
41 Hum
44 Reaches
47 Flattop or mohawk
49 Most prudent
50 Grimm youngster
53 Bishop's hat
54 Sports event
55 Raise, as kids
56 Limerick's land
57 Capsule, maybe
59 Fable
60 Holm and Woosnam
61 Santa __ (hot winds)
64 Ms. Thurman of films



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SUDOKU **LEVEL: EASY**

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		6			2			
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			9			7		
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6			3		8		1	

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

R	A	P	T	■	P	E	R	M	■	C	R	O	W	D
O	G	R	E	■	E	L	I	A	■	L	U	N	A	R
B	R	O	N	Z	E	A	G	E	■	U	S	U	R	Y
F	E	O	■	O	W	N	S	■	A	N	T	S	Y	■
D	E	F	I	N	E	D	■	B	A	K	E	■	■	■
■	■	■	S	E	E	■	T	I	R	E	D	L	Y	■
B	A	R	B	S	■	G	A	T	O	R	■	O	U	D
E	B	O	N	■	R	I	P	E	N	■	G	I	L	A
G	E	T	■	R	A	V	E	S	■	F	A	D	E	D
■	S	C	H	E	M	E	D	■	H	O	W	■	■	■
■	■	■	E	B	B	S	■	B	A	L	K	I	N	G
■	C	U	R	I	O	■	L	U	L	L	■	D	E	E
E	R	R	O	R	■	J	E	L	L	Y	B	E	A	N
H	A	S	N	T	■	O	G	L	E	■	C	A	R	R
S	M	A	S	H	■	N	O	S	Y	■	E	L	S	E

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Beckett won't need surgery

RHP's diagnosis confirmed as a right ankle sprain ◗ A source says it's 'bad,' but he won't go under the knife ◗ Beckett will miss at least one start, though it's not clear when he'll return ◗ Injuries mounting for Sox

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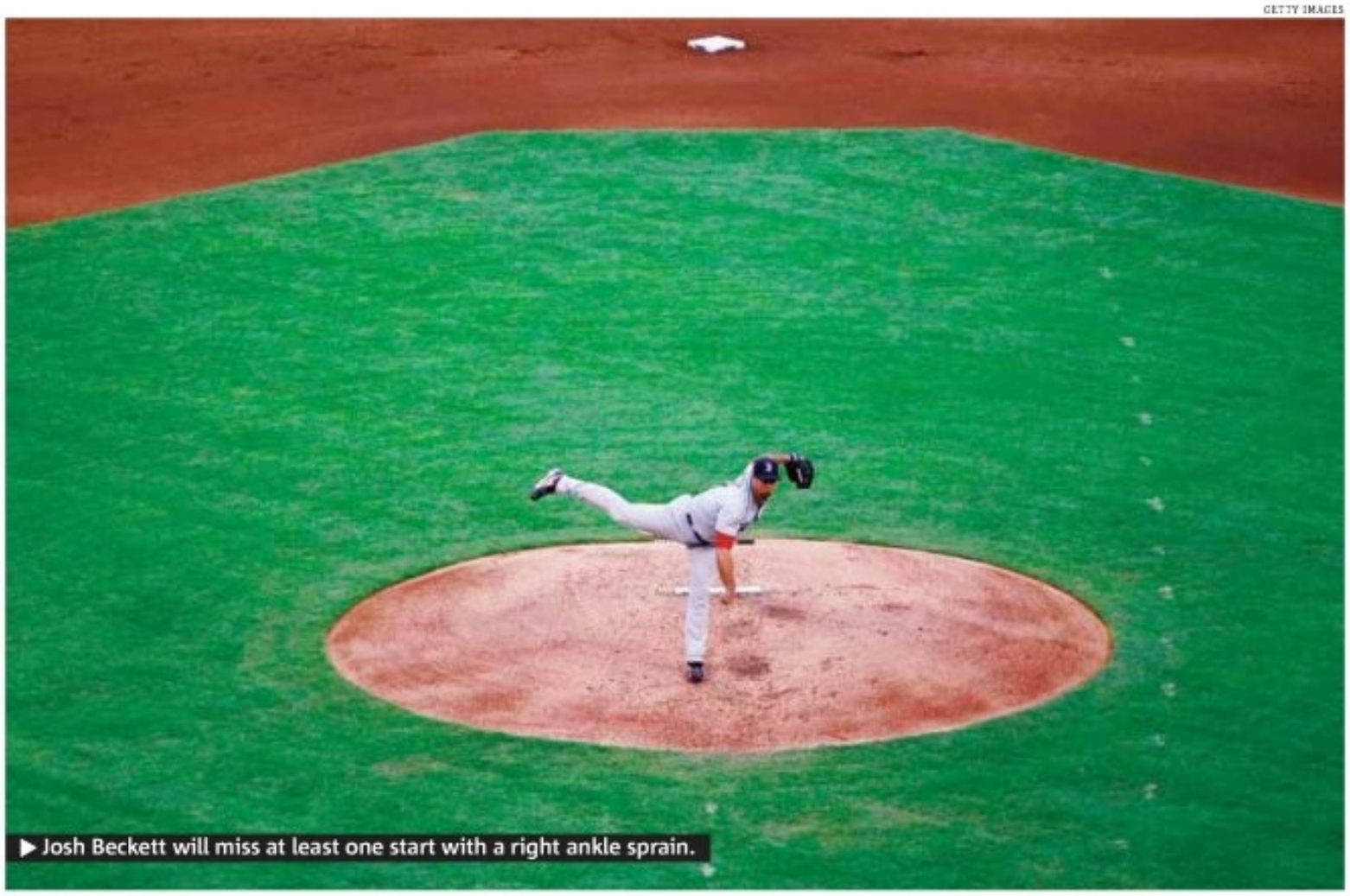

▶ Josh Beckett will miss at least one start with a right ankle sprain.

The news on Josh Beckett's right ankle wasn't all bad last night, even before the team confirmed the initial diagnosis of a sprain.

How bad could it be, manager Terry Francona mused from Toronto, if Beckett, often at his best when ornery, was chafing at having to be back in Boston for an MRI?

"I think he was actually doing OK, good enough to complain about going [for the exam]," Francona said.

The team made a more concrete diagnosis last night, after Beckett was forced from Monday's start against the Blue Jays with ankle pain. Beckett, who will miss at least one start, does not have ligament or Achilles tendon damage.

Although sources indicated the sprain was "bad," Beckett will not require surgery.

"Josh was evaluated [yesterday] at the Massachusetts General Hospital by the Red Sox medical staff, including team foot and ankle specialist, Dr. George Theodore," Red Sox medical director Thomas Gill said in a statement. "His examination was consistent with an ankle sprain. An MRI was performed that confirmed no other injury to his ankle tendons, or his Achilles tendon. We will re-evaluate his symptoms and availability later this week."

Beckett was joined on the shelf by Erik Bedard, a more likely injury candidate, with a sore left knee. That forces the Red Sox to turn to rookie Kyle Weiland to make a start Saturday at Tropicana Field, joining Jon Lester, John Lackey, Tim Wakefield and Andrew Miller in a rotation that suddenly looks vulnerable with three weeks remaining in the regular season.

Beckett left Monday's game in the fourth inning complaining of pain in his right ankle, which is critical to the right-hander's ability to push off and generate power.

JEFF GOLDBERG
sports@metro.us

'Iron' man

Josh Beckett came to Boston with a reputation as something of an injury magnet. It's not terribly well-deserved.

- **Despite problems with blisters, the RHP** has made at least 21 starts in 10 consecutive seasons, including this one (27).
- **Beckett** has thrown 1,702 1/3 innings in his 11-year MLB career, including 1,093 1/3 as a member of the Red Sox.

Jumping ahead early

The Red Sox didn't seem bothered by their injury woes early last night.

Boston, which was shut out Monday, scored four runs in the first and two runs in the second against the Blue Jays. METRO

In college

Rees in at QB for ND

Tommy Rees will start for Notre Dame on Saturday night at Michigan, coach Brian Kelly said yesterday. The previous starter, Dayne Crist, lasted just one half during the Fighting Irish's humiliating, season-opening loss to South Florida over the weekend. METRO

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Buchholz program working

Clay Buchholz is on his way toward throwing off a mound, according to a Boston.com report yesterday.

The starter, on the DL with a stress fracture in his back, played catch on the field in Toronto yesterday. He's expected to throw from 105 feet today, then move to 120 feet.

After that, he'd work on his 60-foot strength.

Buchholz could potentially return to the Boston bullpen sometime this postseason. METRO

Strasburg starts for Nationals

Right-hander Stephen Strasburg made his first start in more than a year for the Nationals last night.

The youngster, who underwent Tommy John surgery last year, threw a scoreless first inning against the Dodgers in Washington. He surrendered a leadoff double to Dee Gordon before retiring the next three Los Angeles hitters.

Strasburg went 5-3 with a 2.91 ERA in 12 starts last year before injuring his elbow. METRO

Jaguars cut QB starter Garrard

The Jacksonville Jaguars yesterday cut would-be starting quarterback David Garrard, just days before the team's 2011 opener.

The stunning move saves the team $9 million this season and hastens the eventual transition to rookie Blaine Gabbert.

Luke McCown will take the snaps for the Jags until Gabbert is ready.

Garrard thanked fans on his Twitter feed. METRO

19 Passes attempted by McCown last year, in one game. He completed 11. He went 1-for-3 in three games with the Jags in 2009.

Dolphins hardly a pushover for Pats

New England faces plenty of unknowns in its season opener Monday night in Miami The Dolphins looked good in the preseason And just how they'll look on offense under Brian Daboll isn't 100 percent clear

The Patriots coaching staff had nothing but praise for their Week 1 opponent, Miami, yesterday.

Shocker.

Bill Belichick is known for talking up every foe as just about the greatest team New England has ever faced. He didn't disappoint on a conference call with the media.

"It looks like Miami has played well in their preseason games," he said. "They have a lot of weapons on offense. They're a big, physical defensive team that has good speed and athleticism with their linebackers and defensive backs. [They are] much improved in the kicking game from where they were last year.

On the air Monday

Patriots at Miami
7 p.m., ESPN, 98.5 FM

GETTY IMAGES

▶ Reggie Bush is expected to be Miami's featured back.

"It will be a big challenge for us."

He might be right.

The Dolphins cruised through the preseason at 3-1, surrendering a total of 53 points — the fewest in the AFC East, and 25 less than the Patriots.

They're sporting a new offensive coordinator in Brian Daboll, who brings with him an aggressive passing scheme. And, new running back Reggie Bush has the potential to be a game-changer.

"How much they'll retain from last year, how much they'll put in new ... That's a big question mark," Belichick said. METRO

"We have a lot of work to do to get ready for a team that has quite a bit of volume with their scheme."
BELICHICK

Brady would welcome Moss

Another round of Randy Moss? Tom Brady wouldn't mind it at all.

- **Moss** said this week he would end his retirement if he was offered a spot with the Patriots.
- **Brady** told WEEI yesterday that he doesn't make personnel decisions, but would welcome the WR back "with open arms."

MMA in brief

UFC unveils a blockbuster

LAS VEGAS. Former UFC heavyweight champion Brock Lesnar will return to the ring Dec. 30 against Alistair Overeem, the promotion announced yesterday.

The newly signed Overeem has held the Strikeforce and K-1 kickboxing titles. METRO

Japan show in the works

TOKYO. The UFC will hold its first event in Japan in 14 years on Feb. 26, promotion boss Dana White said yesterday.

Likely participants include the Japanese fighters on the UFC roster, including Yushin Okami and Yoshihiro Akiyama. Veterans of the defunct Japanese promotion Pride, like Antonio Rodrigo Nogueira, have been mentioned, too. METRO

Hughes will meet Koscheck

Josh Koscheck will step in for the injured Diego Sanchez against Matt Hughes at this month's UFC 135 in Denver. METRO

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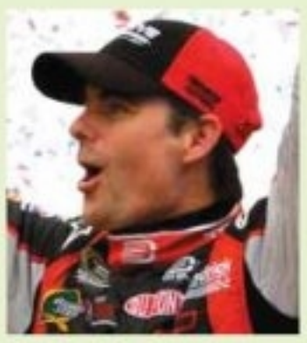
Soccer. USMNT falls

▶ Belgium defender Nicolas Lombaerts scores his 55th-minute goal yesterday.

Not so friendly: US soccer loses

The U.S. men's national soccer team is still searching for its first win under new coach Jurgen Klinsmann. The Americans dropped an exhibition to Belgium, 1-0, at rain-soaked Stade Roi Baudouin in Brussels yesterday. Maurice Edu appeared to net the equalizer in the 86th minute, but the would-be goal was waved off for unclear reasons. The U.S. plays Honduras on Oct. 8 in Miami. METRO



Gordon third on NASCAR wins list

Jeff Gordon moved into third place on the all-time NASCAR wins list yesterday, claiming career victory No. 85 in Atlanta.

The AdvoCare 500 was delayed two days by heavy rains in the area. METRO

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- Group 2: healthy controls (without major health problems)

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Beth Israel Deaconess Medical Center, Boston

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- **You must have psoriasis for at least 6 months before starting the study**

The study length is 29 weeks, with 10 office visits. If you qualify for the study, you will receive all study-related evaluations and study drug at no cost, and will receive payment for your participation.

For more information about this trial or to see if you qualify, please call (617) 636-7462 or email ndonovan1@tuftsmedicalcenter.org

Principal Investigator:
Alice B. Gottlieb, MD, PhD
Chair and Dermatologist-In-Chief
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CLASSIFIED AD DEADLINE: 5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

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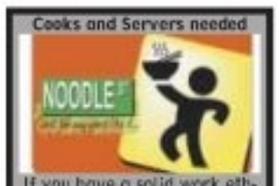
Jobs

Hospitality / Restaurants

Cooks and Servers needed



If you have a solid work ethic, self-motivated, multi-tasked and enjoy working in a high energy environment this could be the job for you! Participates in proper work flow as needed. Cleans equipment as assigned, handles food in a safe, efficient manner.Maintains proper personal hygiene. Experience is not necessary; we'll train the right person! Pls respond with resume, contact info and availability. noodlestreetboston@gmail.com

Sales / Marketing

Sales

Thrifty

ARE YOU IN THE DRIVER'S SEAT WITH YOUR CAREER?

WORK FOR US AND WE'LL GIVE YOU THE KEYS!!

Come join us at our OPEN HOUSE Wednesday, September 7th 10:00am-3:00pm.

We are seeking highly motivated individuals who are interested in joining our Boston team as:

*RENTAL SALES AGENTS-3rd shift
*TRANSPORTERS-1ST & 2nd shift
*RETURN AGENTS-2nd shift
*BUS DRIVERS-2nd shift
*VALET CASHIER
*LOT ATTENDANT

These positions include hourly rates as well as
Competitive Salary
Medical/dental
401K
Paid Time off

Candidate must have a valid driver's license.

Candidates must apply online at:

www.dtag.com
click on careers

forward resume to diane.digiacomo@dtag.com or

Thrifty Car Rental
40 Lee Burbank Hwy
Revere

reserve your space
DEADLINE: two (2) business days prior to publication at noon.
866-900-9473
metroclassifieds

Sales / Marketing

IMMEDIATE START

Multiple Openings
Looking for FT/work

$18.75 /hr avg rate

NO EXPERIENCE NEEDED
Training provided

Call: 1-866-339-7657

Transportation / Travel

EARN A PAYCHECK!
Taxi Drivers – All Shifts – Busy Year Round
Malden, Everett, Medford
Call 781-322-9400 or inquire within
Malden Trans, Inc • 290 Eastern Ave, Malden

metroclassifieds to place an ad call 866 900 9473 or visit us at www.metro.us

Transportation / Travel

WANTED: 7D DRIVERS
-*pay based upon 7D experience
YCN TRANSPORTATION, INC.
"Drivers/Monitors Needed to Transport Students with Special Needs"

* Company Car (Gas Included)- Must be at least 25 years or older
* *Must have a Mass Driver's License for at least 3 years"*
* Must have/ be eligible to acquire 7D License (company will inform you in how to obtain)
* Must pass a physical/drug screen/background check
* Must bring in driving record from RMV (last 30 days)(no substitutions)*
* 25-30 hours per week

PLEASE CONTACT ERICA AT:
emann@ycntransportation.com or (781) 551-9096

Visit us at www.ycntransportation.com
19 Vernon Street
Norwood, MA 02062

General Help Wanted

HOTEL CONCIERGES

ATTN BOSTON EXPERTS

City Experts & Expedia Local Service are expanding to **Boston.**
Are you looking for an exciting career?
Do you love Boston & what this exciting city has to offer?
If so, we have the perfect career oppty for you!
We have P/T & F/T positions avail for immed hire!
***Hourly Salary Based on qualification, plus commission!**
Your commission earning potential is unlimited!
As a concierge, you will be responsible for:
Recommending dining locs, landmark attractions, Broadway Shows and many other services offered through City Experts.

Minimum qualifications for the position:
• 2 years experience in customer service and/or sales in an upscale luxury environment. • An above avg knowl of Boston including the ability to provide accurate directions.• Proficient in MS Office and navigating the internet. • The flexibility to work betw the hrs of 7:00 A.M. and 8:00 P.M., incl wknds & holidays. • P/T candidates should be able to work 2-3 shifts during the week and should be avail to work on wknds. Benefits include: • Full-time employees are eligible for health insurance. • All positions offer growth within an excellent company.

Please submit your resumes directly to:
resumes@cityexperts.com

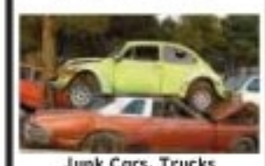
Vehicles

Vehicles Wanted

Junk Cars Wanted
$350 - $5500 & up

Extra Cash paid for Hondas, Toyotas, & Nissans Any Location, Anytime 781-606-1271

$325 and UP



Junk Cars, Trucks
and Wrecks
FREE "Towing"
Running or Not Working
Call for an Estimate
781-534-2118

WE PAY MORE 4 JUNK CARS, VAN, TRUCKS- DEAD OR ALIVE -CALL AT 774 315 8284

NO TITLE, NO KEYS, 774-315-8284

$300 Cash Paid
We Buy Junk Cars and Trucks!
No hassles, No problems!
617-447-1870

Services

Cleaning

metroclassifieds
TO PLACE AN AD CALL 866-900-9473
OR VISIT US AT www.metro.us

Boston Carpet Care Solutions
Professional Carpet Cleaning
3 Rooms $79.99

Call Now For Appointment
1-888-553-6940

Miscellaneous

QA BOSTON

QAB

"QABOSTON is a place where people can go and ask questions about events, businesses, or anything happening in the city of Boston or surround towns and get instant answers from people in the community."

Log onto
www.qaboston.com
& join us today! become part of the community and share your ideas and information."

Health & Beauty

Rainbow HEALTH CENTER

Foot Reflexology
60 min.....$45

Deep Tissue
Asian Body Work
60 min.....$55

Deep Tissue
Asian Body Work
& Foot Reflexology
120 min.....$92

36 Gloucester Street
2nd Floor, Boston
(corner of Newbury & Gloucester Street)
Or
68 Essex St. Boston MA
617-728-0088

Psychic

Psychic Readings by Catherine

Palm-Tarot Cards and Crystal Energy Readings
I will Help you get all answers to your most pressing problems

Advice on Love and All Matters of Life!

35 Kingston Street
off Summer Street
Downtown Boston

617-426-9300

Walk-in $20 Special

Psychic

Psychic Readings By Kelly

PSYCHIC

Spiritual Reader & Adviser
Tarot Cards, Spiritual Readings,
Chakra Balancing & Aura Readings.

333 Washington St, Suite 221
Boston, MA 02108

(617) 869 -1824
$5 Dollars Off With the Mention of This Ad

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People Helping People
It's just one of the great things about **Medical Assisting.**
You could start training for new career opportunities today!
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Phone Services

Phone Services

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"I FEEL LIKE A FISH WITH NO WATER."

–JACOB, AGE 5
DESCRIBING ASTHMA

Ad Council

You know how to react to their asthma attacks.
Here's how to prevent them.

1-866-NO-ATTACKS | EVEN ONE ATTACK IS ONE TOO MANY.

For more information log onto www.noattacks.org or call your doctor.

EPA

ADVERTISEMENT

REAL ESTATE ON THE GO!

WHAT ANOTHER REFI BOOM!

By Attorney George Warshaw

Just when you thought rates couldn't drop any further . . . they dropped again.

The opportunities in this depressed economy are truly unique. For those who own condos, you have a great investment opportunity. Lock in an even lower 30 year rate and plan to rent your condo in the future rather than sell it. Low rates and increasing rents may well provide dependable retirement income when other sources fail.

For those of you who simply want to lower your payment today, ask yourself if you will likely live in your home for no more than the next 7 or 10 years? You may get a significantly lower interest rate with a 7/1 or 10/1 adjustable than a 30 year fixed rate mortgage offers. Use your savings to get out of debt.

For example, with a lower 7/1 interest rate, take your monthly savings over what you would have paid on a 30 year mortgage and re-invest it in your equity. You will not only pay off your mortgage faster, but you will lower your cash-flow risk should you lose your job or get sick.

And if you need the name of a reliable lender, email me. Not all lenders are the same. I know several you can trust. © 2011 George Warshaw.

GWA

George Warshaw is a real estate attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions at metro@warshawlaw.com.

Market view

HOMES FOR SALE
1,785

RECENTLY SOLD
1,223

FORECLOSURES
426

AVERAGE LISTING PRICE
$794,199
Week ending Aug. 31
— 0.5 percent
week on week

MEDIAN SALES PRICE
$525,000
— 4.5 percent
year on year

AVERAGE PRICE PER SQUARE FOOT
$648
+ 0.6 percent
year on year

NUMBER OF SALES
327
– 21.6 percent
year on year

trulia real estate search

at home with metro

NICOLAUS CZARNECKI/METRO

▶ Whittington, left, says for her SouthField was "an exciting opportunity to be a part of something new."

'We get to watch this community grow'

The first residents have begun to move into the huge Weymouth development that is SouthField

There are few things as exciting as buying your first home, especially when it's newly built and you're the first residents. But when it's in a brand new community as well, that's practically pioneering.

Kim Whittington and her fiance D.J. Brinn, both 26, are the second residents to move into SouthField, the massive residential, retail and commercial development in South Weymouth. The couple visited an open house there last fall and were hooked. They immediately put down a deposit on a townhouse, waited patiently and moved in mid-July.

"I thought it was an exciting opportunity to be a part of something new," says Whittington, who previously lived in Stoughton. "We weren't sure how fast construction would move along, but it stayed on schedule. There's still a lot of work going on around us. But it's cool to be the first residents."

The timing was perfect for them. The couple wanted a home ready for their marriage in October, but they didn't want to live together for too long before. The new house is still sparsely furnished, but wedding gifts will help fill out some spaces. The location suits them, too. Whittington, a financial analyst, works in Canton; and Brinn, an accountant, works in Boston. Both have very easy commutes, says Whittington.

Like any homebuyers, the couple did a lot of looking around before deciding on SouthField.

"We did the apartment search, but nothing was what we wanted," says Whittington. "This is an affordable first home for us, and we get to watch this community grow."

LINDA LABAN
linda.laban@metro.us

Features of their new home

"We have lots of space and a balcony," says Whittington of this two-bedroom townhouse's features, which include a loft den, two and a half baths and a two-car garage. Similar two- and three-bedroom townhouses, ranging from 1,352 to 1,528 square feet, are available from $349,000 to $369,000.

For more info:
781-331-4201,
www.southfield.com.

the lofts

ONE WESTINGHOUSE PLAZA,
HYDE PARK, MASSACHUSETTS

Open Houses | Thursdays 5:30 - 7:30 & Sundays 11:00 - 1:00

$175,000 - $219,000

- **Financing assistance is now available for up to 15% of the purchase price at 5%**

- Exposed brick and beam lofts
- On-site security and management
- Deeded parking included

Twenty minutes from Downtown Boston and only a few hundred yards from the suburb of Dedham.

No condo fees for the first year Closing costs paid up to $2,000

The Lofts at Westinghouse

A Classic Mill Building. A Creative Renewal. A Dramatic Conversion.

Presented by
The Hamilton Company
www.theloftsatwestinghouse.com
Contact Patrick Reardon at
preardon@thehamiltoncompany.com

This month at The Boston Home Center

Since 1996 The Boston Home Center has helped more than 20,000 Bostonians become successful homeowners. We offer an array of FREE classes on everything from the basics of homebuying to help for homeowners and everything in between. Visit www.bostonhomecenter.com for the latest class list and register now!

Homebuying 101: How to Buy a Home

This course for first-time homebuyers covers mortgage process, managing debt, shopping for a home, and legal concerns related to homebuying. This course is required before applying for financial assistance from the City.

September 10 & 17 : 10:00am-2:30pm
Dotwell @ Codman Square Tech Center
450 Washington St. - Dorchester

September 24 & October 1 ; 10:00am-2:30pm
Elm Hill Family Services
22 Elm Hill Ave. - Dorchester

Homebuying 102: How to Buy a Condo

A two-hour seminar for graduates of Homebuying 101 which provides specialized information on condo ownership along with how to shop for, and finance the purchase of a condo.

September 13
6:00pm-8:00pm
Condon Community Center, South Boston

CreditSmart®

An 6-hour course to learn everything you need to know about establishing and maintaining a record of good credit, and how to avoid credit traps.

September 12, 19, and 26
6:30pm-8:30pm
Madison Park
Development Corp.
122 Dewitt Drive, Roxbury

How to Live Within Your Means

A two-hour seminar to help you evaluate your current financial status, and to learn how to adjust your finances to accommodate your personal situation.

September 20
6:30pm-8:30pm
Hyde Park Community Center
1179 River Street, Hyde Park

Homeowner 201 Tips for New Homeowners

to register call 617-822-9100

A 6-hour seminar covers property maintenance, lead paint, landlord/ tenant issues and budgeting.

September 19 & 21 ; 6:00pm - 9:00pm
Allston-Brighton CDC
20 Linden St., Allston

Homeowner 202 Tips for New Condo Owners

to register call 617-822-9100

A 6-hour seminar covering condo ownership, management, maintenance, legal issues, and repairs.

September 13 & 15 ; 6:00pm - 9:00pm
Boston Nature Center
500 Walk Hill St., Mattapan

Financial Assistance Workshops / Meet The Lenders

A financial assistance workshop from 5:00pm - 6:00pm followed by a two-hour networking opportunity to meet with several different mortgage lenders to help you understand their products and your purchase and refinance options.

September 12
5:00pm - 7:45pm
Connolly Branch Library
433 Centre Street
Jamaica Plain

The Boston Home Center
617-635-HOME (4663)
www.bostonhomecenter.com

Thomas M. Menino
Mayor of Boston
Evelyn Friedman, Chief and Director
Department of Neighborhood Development

www.metro.us

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Thanks to you, we raised more than

$4.6 million

for the March of Dimes and other local charities across the country.

We greatly appreciate your support & participation in Macy's 6th Annual Shop For A Cause charity shopping event.

Thank you for finding

the magic of giving back.

the magic of macy's.com